

# Canyon Hills Orientation – Tips for Surviving Junior High

Welcome to Canyon Hills JHS! The following information contains guidance tips and suggestions to make your student's transition to junior high more successful.

## From the Administration:

- If you have any questions or concerns about your student's education, please don't hesitate to call the office and ask to speak with an administrator.
- Do not let your student arrive to school before 7:15 AM unless they have an assigned activity. Supervision is not available before that time.
- If your student is tardy to school, have them check in with the office before they go to class.
- Students should follow school and classroom rules at all times. These rules will be explained in detail in the student agenda in August.
- Attendance counts! Be positive about your education.

## From the English/Language Arts Department:

- Read from a novel every day and record pages daily.
- Turn in every assignment with quality effort.
- When absent, check with teacher as to what work you need to make-up and do the work.
- Major writing assignments equal a lot of points.

## From the Math Department:

- Do homework in pencil.
- For full credit, show all needed steps when working problems.
- Review the text book lesson prior to starting homework.
- Ask questions if you don't understand something. We're here to help you.

## From the Social Science/History Department:

- Make History note cards for all history terms.
- Check student agenda for major project due dates.
- Monitor your student's homework every night.
- Encourage your child to watch the news and keep up with world events.

## From the Science Department:

- If allowed a note card for tests, make one.
- Express all science answers in complete sentences.
- Be prepared to participate in class discussions on a daily basis.
- It is important to make-up any labs or work if you are absent. Meet with the teacher to set up a time.
- Bring necessary materials to class each day.

## From the Physical Education Department:

- Never share your locker combination with anyone.
- Be on your roll call number when the bell rings.
- Have a separate pair of tennis shoes for P.E.
- Dress out and participate every day.
- Read P.E. expectations in your sport folio with a parent.

### From the Elective Department:

- Computer Literacy: Practice keyboarding 10-20 minutes each day.
- Study Skills: Keep an organized notebook with all required supplies and materials. The class utilizes the book “7 Habits for Highly Effective Teens”
- Public Speaking: Developing skills for formal presentations.
- Band: Practice playing your instrument daily.
- Leadership/Renaissance: Set a good example for your peers.
- Choir: Sing to your hearts content; Holiday and Spring concerts.
- AVID: Advancement Via Independent Determination

### From the Special Education Department:

- Help your student be organized by keeping a neat binder.
- Use proven study skills and organization techniques to keep track of assignments.
- Encourage your student to ask questions in class if they don't understand something.
- Communicate via the agenda if you have a concern.
- Attend all meetings as scheduled.

### Additional Helpful Information:

- Check the white message board for your name. If you see your name, check in the office for information or messages.
- Keep cell phones and any electronic devices off and put away during school hours. If they are on during the school day, your parents will have to pick them up from the office. The school is not responsible for lost, broken, or stolen items.
- All textbooks should be covered with a paper book cover. No sticky covers or book sox are allowed.
- There is a one-way hallway to the English Channel.
- Get your agenda signed every Thursday night.
- Use your student's agenda or teacher's email address for communication with the teacher.
- Bring a book with you every day to school so that you can read it during free time in class.
- Bring all absence notes to the attendance clerk in the office.
- **Check our school website at [://canyon hills.groupfusion.net](http://canyonhills.groupfusion.net)**

### Helpful Tips from Students:

- Set goals for you to keep.
- Pay attention in class.
- Write down assignments in agenda.
- Get the phone number of someone else in your class to get assignments if you are absent.
- Get involved in school activities.
- Don't procrastinate on reports or projects.
- Don't be afraid to ask for help.
- Always put school work first: prioritize.
- Have a great time and cherish the memories.
- Be a good friend and don't get caught up in the drama.



